

FREE

BLS & AED TRAINING

Basic Life Support

Our FREE 2 hour workshop offers training in basic life support, hands on experience of CPR and AED tuition to groups or individual.

It will give you confidence in knowing what to do if someone you know collapses.

NORTH NORTHANTS CFR

Everyone welcome, just come along!

Monday 27th January 2025

7pm - 9pm

Braybrooke Village Hall,
Griffin Rd,
Market Harborough,
LE16 8LG

Training includes:

- Learn about Emergency Situation
- Basic Life Support
- Get Started with CPR
- Get Started with AEDs
- Real-life Demonstration
- Hands on Practice

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Supporting East Midlands Ambulance Service

NHS East Midlands Ambulance Service NHS Trust